

Safety at Sea

How do we stay safe on board *Thalatta*?



Thalatta has some well established safety rules to keep everyone safe during each voyage. These rules will be carefully explained to you when you come on board, but it's best if you know a bit about them before your trip.

The Skippers word is law!

This means that whilst on board everybody must do exactly as the Skipper says, as your safety depends upon it. You should also carefully follow all instructions from the Mate and 3rd Hand (the crew) too.

Lifejackets on when underway

While *Thalatta* is underway (moving), you must always wear your lifejacket while up on deck. You can take it off if you are down below, but make sure to carefully hang it up straight away.

No Smoking

There are many reasons why smoking is very bad for you, but on a boat it is a fire risk so a danger to everyone on board. Responsible adults may smoke on deck only.

No using the hammocks during the day

Hammocks should be neatly tied up during the day and not left hanging down and in the way. You'll be shown the safe way to get in and out of your hammock – do not try it any other way!

Swim only when the Skipper says it's safe

Swimming in a river or at sea is not at all like swimming in a pool as there are dangers such as tides and other boats to consider. You must not swim unless the Skipper says it is safe, and your group leader allows it.

Wash your hands

You will be helping to make many of the meals that your group and *Thalatta's* crew will be eating during your trip. It is very important that you always have clean hands whilst preparing food for yourself and other people.

No mucking-about

Playing around on deck or in hammocks can easily lead to accidents and injury. Accidents at on a boat can be much more serious than on shore as help is not as readily available.

